## HEALTHY PARKS HEALTHY PEOPLE

WHEN

**September 26, 2015 10:00 am – 3:00 pm** 

WHERE

**Great Falls Park** 

9200 Old Dominion Drive, McLean VA 22102 (703) 285-2965 www.nps.gov/grfa

FREE EVENT FOR THE ENTIRE FAMILY



## **FEATURING:**

## **FITNESS IN THE PARK**

Yoga 10:00 a.m. Tai Chi 11:00 a.m. Zumba 12:00 pm

## DARRYL HALEY

Celebrity Health Ambassador









